



WHEN A FAMILY MEMBER STRUGGLES WITH SUICIDE

Understanding the Impact and Building Skills for Families

Intended audience: Health and mental health care workers, crisis services providers, those with a family member who has attempted or is at risk of attempting suicide

Wednesday, March 9th, 2022

When Someone in Your Family is Suicidal:

Impact on Families and the Role of the Mental Health Care System

Suicidality is a common, growing, and devastating problem for the suicidal person as well as their families. This webinar will describe the scope of the problem, the transdiagnostic nature of suicidality, and then highlight both the strengths and shortcomings of most mental health systems. Eight specific ways that having a suicidal family member can be stressful and even traumatic for family members will be described, including stigma, stress- and trauma-related problems, and social isolation.

[3/9 Webinar: Register Here](#)

Wednesday, March 16th, 2022

Suicidality: Skills for Families

Following a brief review of some of the family problems associated with suicidality, this webinar will provide a series of specific skills that family members can learn to:

- a) help decrease their own stress- and trauma-related problems;
- b) improve quality of life; and
- c) how to reconnect, or stay connected, to suicidal loved ones/family members.

[3/16 Webinar: Register Here](#)

Presented by:
Alan E. Fruzzetti, Ph.D



Alan E. Fruzzetti, Ph.D. is an internationally recognized researcher, teacher and supervisor of Dialectical Behavior Therapy (DBT), Director of Training in Family Services and a senior DBT supervisor for 3East programs at McLean Hospital. He received his B.A. from Brown University and M.S. & Ph.D. from the University of Washington in Seattle. He is professor emeritus at the University of Nevada, Reno and faculty at HMS/McLean Hospital. Dr. Fruzzetti has adapted and implemented DBT for multiple underserved populations and developed many successful DBT programs for people with BPD, related problems with emotion regulation, and programs for couples, parents, and families. His research focuses on the connections between severe psychopathology and interpersonal/family processes, and their interplay with emotion dysregulation.

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Any questions, please reach out to
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